



FOR PICK
UP ON
DECEMBER
9

B U I L D Y O U R S A L A D S
O W N

PICK YOUR PROTEIN 3OZ/6OZ PROTEIN

- Extra Lean Meatloaf **8.50/10**
- Hamburger Steak
- Herb Crusted Pork Tenderloin
- Cajun Chicken
- Classic Grilled Chicken
- Smoked Chicken
- Grilled Shrimp
- Pan Seared Salmon

PICK 2 SIDES

- Brown Rice
- Wild Rice
- Roasted Baby Potatoes
- Roasted Sweet Potatoes
- Asparagus
- Broccoli
- Brussels Sprouts
- Green Beans
- Mixed Veggies
- Squash & Zucchini
- Sauteed Mushrooms
- Side Salad

Apple Pecan Salad HALF/WHOLE

with or w/o chicken **5/9**
mixed greens, dried cranberries, feta cheese, pecans, apples

Burger Bowl
romaine, ground beef, red onion, pickle, tomato

Chef Salad
mixed greens, ham, turkey, bacon, tomato, cheese, egg

Fall Mixed Salad
with or w/o chicken
mixed greens, mandarin oranges, dried cranberries, pecans, feta cheese

Smoked Chicken Cobb
mixed greens, smoked chicken, bacon, tomato, cheese, egg

Strawberry Salad
with or w/o chicken
mixed greens, strawberries, toasted almonds, feta cheese

Dressings: ranch, balsamic, creamy jalapeno, poppy seed, raspberry vinaigrette

ONE DISH MEALS

9.00 Asian Chicken Lettuce Wraps
Rosemary Pot Roast

S N A C K S 5.00 C O L D 8.50
P L A T E S

- Charcuterie Snack Box
- Fresh Fruit Plate

Light Chicken Salad
on a bed of mixed greens with fruit and cheese



S A M P L E O R D E R

1. half smoked chicken cobb salad with creamy jalapeno dressing
2. whole meatloaf with wild rice and asparagus
3. rosemary pot roast
4. lettuce wraps
5. light chicken salad

*If you do not specify size, you will be charged for a whole

*If you do not specify dressing, you will be given ranch

O R D E R I N G & P I C K U P

Orders must be received by NOON on Sundays.

Pick up is between 10am-6pm on Tuesdays.

You can pay upon pick up via cash, credit card, or Venmo.