

CLOTHING RESOURCES

Bargain Bins LBK - *Budget Friendly Shopping Option*

- A retail establishment in Lubbock, TX that offers a variety of discounted goods to its customers. Bargain bins often contain a variety of discounted merchandise, including clothing, electronics, toys, and household items. Items are discounted because they are overstock, returned, or clearance. They may also be discounted due to a decline in popularity or the closure of a production company. They have 2 locations: one on 50th street, 3225 50th street and one on 4th street, 5402 4th street.

Hours of Operations- 50th

- Open Monday- Wednesday and then Friday- Saturday from 9:00am- 7:00pm. On Sundays they are open from 11:00am- 5:00pm.
- Closed on Thursdays

Hours of Operations- 4th

- Open Monday- Wednesday and Saturday from 9:00am- 7:00pm and open thursdays from 9:00am- 2:00pm, and on Sundays they are open 11:00am- 5:00pm.
- Closed on Fridays.

Phone Numbers- 806-407-5396 (50th) & 806-902-7118 (4th)

Physical Address- 3225 50th St, Lubbock, TX 79413 & 5402 4th St, Lubbock, TX 79416

Lubbock Dream Center - *FREE Clothing Closet*

- Helps provide business-casual attire for work, emergency relief, as well as everyday clothing. This boutique-style experience rebuilds confidence in men, women, and children. They help provide business-casual attire for work, emergency relief, as well as everyday clothing. They have it all, and it's free! U-Apparel is open to the public – Monday through Wednesday, from 10:00am to 4:00pm, please email Rosita Almazan for times to shop at rosita@cotrpeople.com and give us a call, or email us at info@lubbockdreamcenter.org for information on how to donate gently used clothes, shoes and small household items.

Hours of Operation-

- Monday- Wednesday- 10:00am- 4:00pm

Phone Number- 806-793-3336.

Email- info@lubbockdreamcenter.org & rosita@cotrpeople.com.

Physical Address- 1111 30th St. Lubbock TX 79411

Lubbock Impact - *Get FREE clothes for adults or kids once a month.*

- The Clothing & Shoe Closet is made up of gently used clothing donations from the local community. This provides participants with clothing to feel confident and succeed in their workplace, schooling, and everyday life. The Clothes & Shoe Closet has seasonally circulated clothing for babies, children, women, and men. Each participant is eligible to shop once every thirty days by appointment only. To make an appointment to shop, please call us.

The Clothing & Shoe Closet is open:

- Monday evenings from 5:00 pm – 6:30 pm.
- Tuesday mornings from 9:30 am – 11:30 am.
- Thursday mornings from 9:30 am – 11:30 am.

Each participant is able to take up to ten items per person while shopping.

There are limits on the following items to ensure that all participants have access to essential items:

- Two pairs of pants or shorts, Four shirts, One dress, One pair of shoes, One belt, One purse, One bra or underwear, One coat, One scarf, One nightgown or set of pajamas, Two pairs of socks.

Hours of Operation-

- Open on Tuesdays from 9:30am-11:30pm and 5:20pm-6:10pm
- Open on Thursdays from 9:30am- 11:30pm

Phone Number- 806-799-4329

Physical Address- 2707 34th St, Lubbock, TX 79410

- Check out the other impacts being made by this organization in the food, hygiene, and medical tabs.

FOOD RESOURCES

Lubbock Impact - *FREE Hot Meal and Food Pantry*

- OUR MISSION: Empower the poor by providing enrichment programs and resources to meet physical, spiritual, and emotional needs. This provides the hope and tools to break generational poverty and build a stronger future.
- Set up with the participant in mind, The Food & Hygiene pantry is intended to reflect a real-life shopping experience. All of the items in the pantry are priced at a reduced dollar value and each shopper is given a seven-credit budget to use on items they need the most. This money does not have actual cash value but gives each shopper the freedom to decide what pantry and hygiene products they need the most.
- Lubbock Impact seeks to keep the Food & Hygiene Pantry stocked with various choices to meet shoppers' dietary needs. There is a range of pantry staples, such as canned fruits, vegetables, and meats, as well as items like oil, flour, sugar, and spices. Vital hygiene items like toothpaste, toothbrushes, toilet paper, laundry detergent, and soaps are also available.
- The Food Pantry is open on Monday evenings from 5:00 pm – 6:30 pm and Thursday mornings from 9:30 am to 11:30 am. Participants are eligible to shop at the Food & Hygiene Pantry every 30 days to help maintain a consistent supply of essentials. No appointment is necessary, but an ID with a valid address is required to shop.
- Participants are eligible to “shop” at the Food Pantry every 30 days. To make an appointment call 806-799-4329.

Hours of Operation- FREE Hot Meal

- Every Tuesday at 6:00 pm, all are welcome to eat a nourishing meal at Lubbock Impact. Participants are provided delicious meals and desserts in a family-style atmosphere.
- The success of the Community Meal is a testament to the generous support and dedication of the community. Table hosts, servers, kitchen crew, and cleanup crew who make this happen are made up of local organizations, churches, businesses, athletic teams, individuals, and families.
- Wednesday- 5:30 pm

Hours of Operation- Food Pantry

- Tuesday- 4:30pm – 6:00pm
- Thursday- 10:00am – 11:30am

Phone Number- 806-799-4329

Physical Address- 2707 34th St. Lubbock, TX 79410

South Plains Food Bank - *Food Assistance*

- Fill out the food assistance form on their website, and then the food bank will contact you by text within 48 hours.
- Applications are open Monday- Thursday 8:30-5:00 pm.
- Applications are closed Friday- Sunday.
- To check the status of your application email: outreach@spfb.org or text: 806-642-6724.
- Once application is approved you can pick up your food voucher

Hours of Operation-

- Monday – Thursday- 8:30am – 11:45am & 12:30pm – 5:45pm
- Friday- 8:30am – 11:45am

Phone Number- 806-642-6724

Email- questions@spfb.org.

Physical Address- 5605 Martin Luther King Jr. Blvd.

WIC

WIC - *Women's, Infants, and Children Food Assistance*

- To apply for WIC
 - Start your application online or over the phone.
 - Attend your WIC appointment.
 - Get benefits.
- WIC is for pregnant, postpartum and breastfeeding women and families with children up to age 5.
- If you or your children receive Medicaid, SNAP, or TANF, you already meet the income qualifications for WIC.
- WIC clients get healthy food and one-on-one nutrition counseling and nutritionists.
- WIC provides free breastfeeding support with lactation consultants and peer counselors.
- WIC has nutrition and breastfeeding classes online and in person. Recipes and cooking demonstrations are also available.

Hours of Operation -

- Monday-Friday- 9:00am – 6:00pm

Phone Number- 800-942-3678 & text- 1-855-960-4551

Email- WICsupport@hhs.texas.gov

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FOOD STAMPS (SNAP)

Supplemental Nutrition Assistance Program (SNAP) - *Food Stamps*

- SNAP (Supplemental Nutrition Assistance Program), formerly called food stamps, is a government program that helps people buy the food they need for healthy lives. It is the largest program working to fight hunger in America. SNAP helps many people stretch their budgets because the money they would use on food can go towards other needs like medical bills, utilities, and rent.
- Households in which all members are either older adults (age 60 and older), or people with disabilities are eligible to participate in the Texas Simplified Application Project (TSAP), which makes the SNAP application process easier and provides three years of benefits at a time instead of six months.
- Helps people buy the food they need for good health. SNAP food benefits are put on a Lone Star Card and can be used just like a credit card at any store that accepts SNAP. It is for people in eligible low-income households. Most adults ages 18-52 with no children in their home can get SNAP for only 3 months in a 3-year period. Benefits may be longer if the person works at least 20 hr./ week or is in a job training program.
- Tips for applying for benefits is to be ready to answer questions about social security number and birth date, citizenship or immigration status, money from jobs and other sources, the value of cars and other property, costs you pay for bills.

Phone Number- 877-541-7905

TRANSPORTATION RESOURCES

- Citibus - *Public Transportation*
- <https://citibus.com/>

HYGIENE PRODUCTS RESOURCES

Lubbock Impact Center - *FREE Hygiene Pantry*

- The Hygiene Pantry helps provide everyday essentials to those in need.
- Participants are eligible to shop at the Food & Hygiene Pantry every 30 days to help maintain a consistent supply of essentials. No appointment is necessary, but an ID with a valid address is required to shop.
- Participants can choose up to 5 items of what they need most.
- Participants are eligible to shop at the Hygiene Pantry every 30 days.
- No appointment is necessary.

Hours of Operation -

- Monday- 5:00pm – 6:30pm
- Thursday- 9:30am – 11:30am

Phone Number- 806-799-4329

Physical Address- 2707 34th St. Lubbock, TX 79410

For those fleeing domestic violence - *Immediate supplies available when in an unsafe situation*

- Provides hygiene and essential clothing to those fleeing an abusive/ unsafe environment. D.A.S.H. Kits are care packages delivered directly to the hands of someone fleeing abuse. This care package won't provide everything you need, but it will help replenish some of what was left behind and offset some of the costs of resettling.
- These kits contain: Menstrual products (requesters choose type), New underwear, New bras, Special toiletry items, Bag to hold all items, Resources card.

*To request a kit, please put any U.S. address at which you can safely receive mail.

ALL information entered in this request form will be kept completely confidential.

Phone Number- 240-816-0570

Email- info@iSupportTheGirls.org

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CHILD SUPPORT RESOURCES

Legal Aid Society of Lubbock - *Helps with child support applications.*

- The Legal Aid Society of Lubbock works to afford low income clients of the South Plains with first-rate legal assistance, advocacy, and quality counsel in matters of family and elder law at free and/or reduced cost.

Helps with:

- Protective orders, Simple wills, Adoptions, Legal advice and Brief referrals, Divorces, Child custody/ support, Living wills- physicians directives, Modification of child custody or support, Enforcement of child custody or support, Powers of attorney, Medical powers of attorneys

Applications may be filled out at one of the offices.

Hours of Operation-

- Monday- 8:30am- 4:00pm
- Tuesday-Thursday- 8:30 am - 5:00 pm
- Friday- 8:30am- 12:00pm

Application Hours

- Monday- Thursday- 8:30 am- 4:00 pm.
- Friday- 8:30 am - 11:00 am

Phone Number- 806-762-2325

Email- info@lubbocklegalaid.org

Physical Address- 916 Main St, Suite 103, Lubbock, TX 79401

Office of the Attorney General Child Support Division – *Information on Child Support Lubbock Location*

- The Child Support Division of the Office of the Attorney General (OAG) is the official public child support agency for the state of Texas. We're here to make sure every child receives the support they need and deserve

Our Values:

Respect, Innovation, Service, Excellence, Our Work

To support Texas families, the Child Support Division:

- Establishes paternity, Obtains court orders for financial, medical and dental support of children, Enforces child support orders, Promotes the emotional involvement of both parents, Collaborates with state agencies and community organizations to serve Texas families.
- Steps to Obtaining Child Support:
 - Establish paternity.
 - Establish a court order.
 - Collect child support.
 - Enforce child support.
 - Apply online through the website.

Hours of Operation -

- Monday – Friday- 8:00am – 5:00pm

Phone Number- 800-252-8014

Physical Address- 6302 Iola Ave Ste. 400



CHILD CARE RESOURCES

Workforce solutions south plains - *Financial Aid for Child Care*

- Through federal, state, and local funding from the Texas Workforce Commission to Workforce Solutions South Plains, Child Care Services is able to provide financial aid for eligible families and provide professional development opportunities for early care and education providers.

Phone Number: 806-744-3572

Eligibility criteria to receive Child Care Services (CCS) include:

- Each parent and step-parent, living in the household, must be working, attending school, in training/other educational program, or a combination of these, at least an average of 25 hours a week over a review period or actively looking for employment.
- The person applying for services must have primary custody of the child(ren) needing services. If applicant is not the parent of the child needing services, then applicant must provide the following with the application:
 - Reason the parent is not available, and
 - Paperwork verifying reason parent is not available, and
 - Paperwork verifying that the applicant is the person responsible for the child.
- Families must live within these counties: Bailey, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hockley, King, Lamb, Lubbock, Lynn, Motley, Terry, and Yoakum.

YWCA of Lubbock. - *Affordable Child Care*

Our curriculum is the Frog Street Curriculum, a comprehensive pre-kindergarten curriculum. In conjunction with this, the classroom learning framework matches up with the Pre-K guidelines for the State of Texas.

This includes:

- Physical Development and Health, Social and Emotional Development, Approaches to Learning, Language Development, Literacy Knowledge and Skills, Mathematics Knowledge and Skills, English Language Development, Social Studies, Logic and Reasoning, Creative Arts Expression, Science Knowledge and Skills
- YWCAre is a licensed after-school program in collaboration with many area schools. Each site offers educational and recreational activities for pre-K through 5th grade. YWCAre gives working parents a safe, affordable alternative to leaving children home alone. Children also receive a healthy snack every day as a part of the United States Department of Agriculture's Children & Adult Care Food Program.

MINI CAMPS

Mini camps are offered on Lubbock ISD and Lubbock Cooper ISD staff development days and most holidays from 7:30 a.m. to 6 p.m. for \$30 per day per child (all Mini-Camps are held at the YWCA on University). Children will be fed lunch and a snack and have planned activities throughout the day. You may enroll for mini camp as long as the following criteria is met:

- Childcare account must be current and at zero balance
- They must have an enrollment form in the system for your child.
- Children ages 4-12 as long as they are enrolled in Pre-K through 5th grade.
- Payment is due within 24 hours of the received invoice or registration will be cancelled

FINANCIAL AID

Physical Address-6302 Iola Ave Ste. 400

YWCAmp is a CCS provider through the Texas Workforce Commission Child Care Services program. Call 806-744-3572 for eligibility.

YWCA scholarships are also available on a first-come, first-serve basis for families not eligible for CCS funds. More information and financial aid applications are available at the YWCA front desk.

Physical Address- 6501 University Ave

Phone Number- 806-993-9922

Email- marketing@ywcalubbock.org



MEDICAL HELP

Lubbock Impact. – *Get FREE Medical, Dental, and Eye Care.*

- Free Optometry Clinic (eye doctor)
- The Free Optometry Clinic is open one Saturday of each month.
- While they are dedicated to your vision, only one pair of glasses per year is available. Please note that it is the patient's responsibility for replacing any broken glasses. They do not offer any contact prescriptions.
- The Free Optometry Clinic goes beyond offering clearer vision to the medically uninsured.
- Serves adults ages 19-64 who do not have insurance, Medicaid, or Medicare. Only one pair of glasses per year is available.

Email- eyeclinic@lubbockimpact.com

- Free Dental Clinic.
 - The Lubbock Impact Free Dental Clinic is run by local dentists who volunteer their time and expertise. The dentists are assisted by registered dental assistants who also volunteer their time.
 - Only tooth extractions are performed.
 - Each patient is treated with care the moment they walk through the doors. Patients receive a thorough dental examination and X-ray. When necessary, a tooth extraction will be conducted. To aid in recovery, each patient receives an oral surgery patient care package which includes all of the essentials needed to care for their mouth after the operation.
 - During their visit, patients are equipped with the knowledge and resources to maintain healthy teeth and gums in the future.
 - The Dental Clinic sees patients by appointment only on Wednesday evenings and is available only to adults 19 years of age and older who do not have insurance, Medicaid, or Medicare Dental Supplement. If you meet these criteria and need tooth extractions, please call Lubbock Impact at 806-799-4329 to make an appointment.
- Medical Services
 - The TTUHSC'S Free Clinic is only open on Wednesday afternoons at Lubbock Impact and operates on a first-come, first-serve basis. No appointments are taken. Registration begins at 4:00 pm and registration ends once 25 patients have signed in. The Free Clinic only sees patients with no insurance.

- The Free Clinic pharmacy does not accept outside prescriptions and does not have any narcotics available.
- If you are wanting to be seen at the clinic, please come directly to the clinic door on the south side of the Lubbock Impact building. The door will open at 4:00 pm when volunteers who run the clinic arrive.

Phone Number- 806-799-4329

Physical Address- 2707 34th St. Lubbock, TX 79410

- Check out the other impacts being made by this organization in the food, hygiene, and clothing tabs.

Community Health Center of Lubbock. - *Low-Cost Health Care Provider*

- Has 8 clinics in Lubbock and two mobile units that provide medical, dental, behavioral health, and vision services to all ages.
- The services that are provided include behavioral health, dental care, eye care, general primary medical care, laboratory, pediatrics, pharmacy services, radiology, virtual care/telehealth, and women's health services.
- To make an appointment, register through their website or call the number provided.

Hours of Operation-

- Monday-Friday- 8:00am- 5:00pm

Phone Number- 806-765-2611

Email- info@chcl.tachc.org

Physical Address- 1610 5th St. Lubbock, TX 79401

Clinica Salud Hispana Parkway Drive- *\$30 doctor visits, for spanish and english speakers*

- A comprehensive healthcare facility in Lubbock, Texas, offering a wide range of medical and dental services to patients of all ages.
- Low cost medical clinic, \$30 visits that prescribe medications if needed

Hours of Operations-

- Monday- Closed
- Tuesday-Saturday- 9:00am- 7:00pm
- Sunday- 10:00am- 4:00pm

Phone Number- 806-407-5707

Physical Address- 1702 Parkway Dr. Lubbock TX, 79403

HOUSING RESOURCES

Family Promise of Lubbock Inc. -*Transitional Housing Program*

- The problem of poverty is complex. It requires an integrated approach that begins with meeting immediate physical needs but reaches much further to help people achieve independence and to alleviate the root causes of poverty.
- Our shelter and transitional housing programs offer housing for up to 6 months for families who are currently homeless or at risk of homelessness.
- Depending on funding availability our prevention program can offer financial assistance for families who are immediately at-risk of homelessness.

Services provided:

- This program requires participation in a supportive services program in an effort to help connect you to work, education, and additional resource opportunities
- Connecting you to a healthy community support system
- Rental assistance

Those who qualify:

- You must be facing an eviction or have rental arrears
- You must have an income that falls below an income threshold dependent on number of household members and income

Documents/Information you will need for the application:

- Copy of your entire lease
- Copy of eviction notice or tenant ledger
- DL/ID
- Property manager contact information

Support for each family looks a little different as each family's needs are different. Some of the support they can offer your family includes:

- Birthday box for your child's birthday
- Home visits
- Referral to partner agency or community resources
- Financial assistance as funding permits
- Email to check availability.

Hours of Operation-

- Monday-Friday- 9:00am- 3:00pm

Phone Number- 806-744-5035

Email-admin@familypromiselubbock.org

Physical Address- 2302 13th St. Lubbock TX, 79401

Restoration Empowerment Center #1. – *For homeless women and children.*

- Restoration Empowerment Center has a state-of-the-art facility for women and children that provides comprehensive recovery programs to help them rebuild stable, healthy, productive lives
- **Emotional/Mental Wellness**
- **Financial Wellness**
- **Physical Wellness**
- **Social Wellness**
- **Spiritual Wellness**
- **Vocational Wellness**
- Apply through their website.
- They use the Whole Life model of care which focuses on the 6 different areas of wellness: emotional/mental, financial, physical, social, spiritual, and vocational.

Hours of Operation-

- Monday- Thursday- 10:00am- 4:00pm
- Friday- 10:00am- 12:00pm

Phone Number- 806-775-0851

Email- Recenter@yahoo.com

Physical Address- 1611 Avenue O, Lubbock, TX 79401

Lubbock Housing Authority. – *Affordable Housing Solutions*

- Whether you are looking for Public Housing, Section 8 Housing Choice Voucher (HCV), or Section 8 Project Based Vouchers (PBV), you can apply here.
- Public housing is only eligible for low-income households and individuals. Your eligibility is determined by the Housing Authority of the City of Lubbock based on your annual gross income, whether you qualify as a family, person with a disability, or a family, and your United States citizenship and immigration status.
- Family Self-Sufficiency (FSS) is a Program to assist families to achieve economic independence, Self-Sufficiency, and freedom from dependence on various governmental assistance programs.

- A Section 8: Housing Choice Voucher program assists very low-income families, disabled persons, and the elderly with finding safe, affordable, and accessible housing in the private market. With an HCV, eligible participants are able to find their own housing that meets the requirements of the voucher.
- Your eligibility for an HCV is determined by the Housing Authority of the City of Lubbock. It is based on your annual gross income and family size.
- A component of the Housing Choice Voucher program, Project Based Vouchers are used to fund project-based units for affordable public housing.
- When it comes to Project-Based Vouchers, the Housing Authority of the City of Lubbock refers families who have already applied for a Housing Choice Voucher and are on the waiting list to properties that have project-based voucher assistance when units become available. With a PBV, applicants referred by the Housing Authority of the City of Lubbock are referred to a project owner to fill vacancies with PBV funding. The Housing Authority of the City of Lubbock pays the owner of the project the difference between 30 percent of family income and the gross rent for the unit.

Hours of Operations-

- Monday- Thursday – 7:00am- 4:00pm
- Friday- 7:00am- 11:00pm

Phone Number- 806-762-1191

Email- mike@lubbockha.org

Physical Address- 4115 36th St. Lubbock, TX 79413.

Grace Campus- *Immediate Housing*

THINGS TO KNOW

- Grace Campus is a 6-month transitional homeless shelter.
- Grace Campus does not operate on government money. They exist thanks to the generous donations of individuals, groups, churches, and businesses.
- Grace Campus provides access to basic necessities/resources so individuals can focus on getting back on their feet (ex. showers, laundry, clothing, hygiene items, meals, mailing address, shelter, etc...)
- Grace Campus typically has over 100 volunteers a week serving on the campus grounds.
- Each person at Grace Campus is expected to be working towards independent living and must submit an accountability form every week.
- All able individuals are required to be working or seeking employment, as well as helping with community chores.

- There are typically around 70 individuals at Grace Campus. Females make up approximately 15% of the population.
- Grace Campus provides emergency temporary shelter during inclement weather.
- Grace Campus partners with many amazing organizations/agencies throughout the Lubbock area in an effort to provide the best assistance possible for each person that comes through the gates.
- Apply on their website.

Hours of Operation-

- Monday-Saturday- 9:00am- 5:00pm
- Sunday- 10:00am- 5:00pm

Phone Number- 806-500-5006

Email- admin@gracecampus.org

Physical Address- 1301 Avenue A, Lubbock TX, 79401

Salvation Army- *for immediate housing options*

Residential Services

- Homeless Shelters

Whether providing rent/mortgage assistance to keep someone in their home or finding a warm bed for someone who is already outside, The Salvation Army works to ensure the safety and dignity of all God's children. They are proud to offer the following programs to those in need in our community:

- Passage
- Tokens of Hope Rapid Rehousing
- Tokens of Hope Transitional Housing
- Overnight Emergency Shelter

Social Services

Times can be hard, and it's for those times that our Social Service office is there to offer:

- Emergency Shelter
- Feeding Program
- Rapid-Rehousing
- Rent and Utility Assistance
- Food Vouchers

- Clothing Vouchers
- Hygiene Kits
- Cooling and Warming Stations
- Public Showers
- Provides transitional housing, homeless shelters, permanent supportive housing, and life skills resources.

Hours of Operation-

- 24/7

Phone Number- 806-765-9434

Physical Address- 1111 16th St, Lubbock, TX 79401

LEGAL HELP

Physical Address-6302 Iola Ave Ste. 400

Legal Aid Society of Lubbock. – *Provides Legal Aid For Varying Situations*

- Helps with:
 - Protective orders, Simple wills, Adoptions, Legal advice and Brief referrals, Divorces, Child custody/ support, Living wills- physicians' directives, Modification of child custody or support, Enforcement of child custody or support, Powers of attorney, Medical powers of attorneys.
- Applications may be filled out at one of the offices.

Hours of Operation-

- Monday- 8:30-4:00 pm
- Tuesday-Thursday- 8:30am- 5:00pm
- Friday- 8:30am- 12:00pm

Phone Number- 806-762-2325

Email- info@lubbocklegalaid.org

Physical Address- 916 Main St, Suite 103, Lubbock, TX 79401

Texas Law Help. – *FREE legal information*

- Dedicated to providing free, reliable legal information to low-income Texans.
- Types of Legal Help:
 - Legal Advice, Brief Services, Assisted Pro Se Services, Full Representation.

PET CARE

P.E.T.S Clinic. Low Cost Spay and Neuter Clinic.

Hours of Operation-

- Monday- 8:00am- 12:00pm
- Tuesday- Thursday- 9:00am- 2:00pm

Phone Number- 806-507-0836

Physical Address- 2207 34th St, Lubbock, TX 79411